

Reducing Trend

The Choice of Care Setting Matters

- Hospitals and ERs are the most expensive care setting
- Utilizing doctor's offices, clinics and virtual doctors whenever possible
- Use of Teladoc for non-emergent care
 - Includes medical, behavioral health and dermatology (varies by carrier)
 - Encourage employers to have their employees download apps like Teledoc (varies by carrier)
- Use of healthcare transparency tools for procedures
 - Care setting matters and can have a material impact on cost drivers
- Staying in-network to get care at a lower cost

Pharmacy

- Use Rx mail order vs. retail where applicable

Virtual Primary Care

- Has the potential to enhance patient care by enabling comprehensive care with a provider virtually, at a lower cost (varies by carrier)

Reducing Trend (continued)

Preventive screenings and wellness visits

- Preventive care includes health services like screenings, check-ups, and patient counseling that are used to prevent illnesses, disease and other health problems, or to detect illness at an early stage when treatment is likely to work best
 - Preventive screenings and early detection can provide better patient outcomes and help to avoid catastrophic claims
 - Under the Affordable Care Act (ACA), annual in-network preventive visits are covered at no charge

Adherence & compliance to medication

- Taking maintenance medications as prescribed to prevent more costly inpatient care services

Prenatal Care

- Lack of prenatal care can lead to higher maternity costs

TriNet Client Benefits Education Site

- Supports clients in making benefits education a year-round conversation.