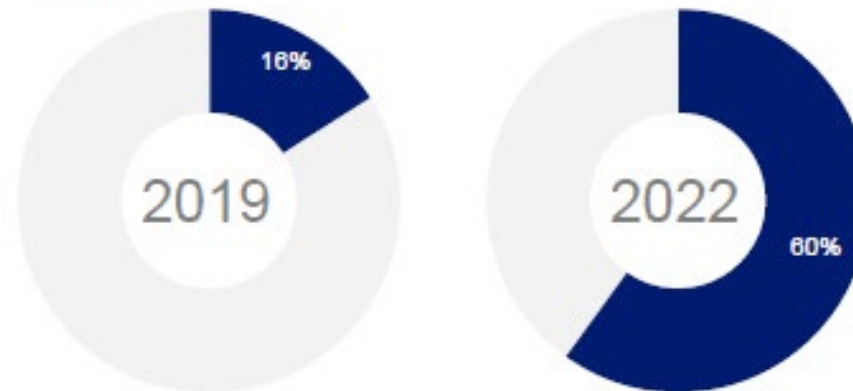


# Telehealth Services

## Increase in Telehealth Visits Related to Mental Health

- Although high utilization of telehealth experiences during the height of the pandemic has abated, it continues to lead a net increase in utilization for acute care visits and mental health services for most plans.
- The majority of telehealth visits are for mental health services.

Between 2019 and 2022, There Was Nearly a Fourfold Increase in Telehealth Visits Related to Mental Health



Source: Segal's SHAPE data warehouse, 2018–2022